



## Self-assessment - How Privileged Are You?

Check off all the statements that apply to you. (more checks = more privilege)

- |                                                                                                     |                                                                                                                               |
|-----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> I am white.                                                                | <input type="checkbox"/> I have had multiple unpaid internships.                                                              |
| <input type="checkbox"/> I have never been discriminated against because of my skin color.          | <input type="checkbox"/> I went to summer camp.                                                                               |
| <input type="checkbox"/> I have never been the only person of my race in a room.                    | <input type="checkbox"/> I went to private school.                                                                            |
| <input type="checkbox"/> I have never been mocked for my accent.                                    | <input type="checkbox"/> I graduated high school.                                                                             |
| <input type="checkbox"/> I have never been told I am attractive "for my race."                      | <input type="checkbox"/> I went to an elite college.                                                                          |
| <input type="checkbox"/> I have never been a victim of violence because of my race.                 | <input type="checkbox"/> I graduated college.                                                                                 |
| <input type="checkbox"/> I have never been called a racial slur.                                    | <input type="checkbox"/> My parents paid (at least some of) my tuition.                                                       |
| <input type="checkbox"/> I have never been told I "sound white."                                    | <input type="checkbox"/> I had a car in high school.                                                                          |
| <input type="checkbox"/> A stranger has never asked to touch my hair, or asked if it is real.       | <input type="checkbox"/> I've never had a roommate.                                                                           |
| <input type="checkbox"/> I am heterosexual.                                                         | <input type="checkbox"/> I've always had cable/internet.                                                                      |
| <input type="checkbox"/> I have never lied about my sexuality                                       | <input type="checkbox"/> I have traveled internationally.                                                                     |
| <input type="checkbox"/> I never had to "come out."                                                 | <input type="checkbox"/> I travel internationally at least once a year.                                                       |
| <input type="checkbox"/> I never doubted my parents' acceptance of my sexuality.                    | <input type="checkbox"/> I studied abroad.                                                                                    |
| <input type="checkbox"/> I have never been called a derogatory slur for homosexuals.                | <input type="checkbox"/> I've never skipped a meal to save money.                                                             |
| <input type="checkbox"/> I have never tried to hide my sexuality.                                   | <input type="checkbox"/> I spent Spring Breaks abroad.                                                                        |
| <input type="checkbox"/> I am always comfortable with showing affection to my partner in public.    | <input type="checkbox"/> I have frequent flier miles.                                                                         |
| <input type="checkbox"/> I have never pretended to be "just friends" with my significant other.     | <input type="checkbox"/> My parents are heterosexual.                                                                         |
| <input type="checkbox"/> I have never been ostracized by my religion for my sexual orientation.     | <input type="checkbox"/> My parents are both alive.                                                                           |
| <input type="checkbox"/> I have never been told I would "burn in hell" for my sexual orientation.   | <input type="checkbox"/> My parents are still married.                                                                        |
| <input type="checkbox"/> I have never been told that my sexuality is "just a phase."                | <input type="checkbox"/> I do not have any physical disabilities.                                                             |
| <input type="checkbox"/> I have never been violently threatened because of my sexuality.            | <input type="checkbox"/> I do not have any social disabilities.                                                               |
| <input type="checkbox"/> I am a man.                                                                | <input type="checkbox"/> I do not have any learning disabilities.                                                             |
| <input type="checkbox"/> I feel comfortable in the gender I was born as.                            | <input type="checkbox"/> I have never had an eating disorder.                                                                 |
| <input type="checkbox"/> I still identify as the gender I was born in.                              | <input type="checkbox"/> I have never been depressed.                                                                         |
| <input type="checkbox"/> I have never tried to change my gender.                                    | <input type="checkbox"/> I have never considered suicide.                                                                     |
| <input type="checkbox"/> I have never been denied an opportunity because of my gender.              | <input type="checkbox"/> I have never attempted suicide.                                                                      |
| <input type="checkbox"/> I make more money than my professional counterparts of a different gender. | <input type="checkbox"/> I have never taken medication for my mental health.                                                  |
| <input type="checkbox"/> I have never felt unsafe because of my gender.                             | <input type="checkbox"/> I can afford medication if/when I need it.                                                           |
| <input type="checkbox"/> I have never been catcalled.                                               | <input type="checkbox"/> I have never been told I'm overweight or "too skinny."                                               |
| <input type="checkbox"/> I have never been sexually harassed or assaulted.                          | <input type="checkbox"/> I have never felt overweight or underweight or "too skinny."                                         |
| <input type="checkbox"/> I have never been raped.                                                   | <input type="checkbox"/> I have never been shamed for my body type.                                                           |
| <input type="checkbox"/> I work in a salaried job.                                                  | <input type="checkbox"/> I consider myself to be physically attractive.                                                       |
| <input type="checkbox"/> My family and I have never lived below the poverty line.                   | <input type="checkbox"/> I can afford a therapist.                                                                            |
| <input type="checkbox"/> I don't have any student loans.                                            | <input type="checkbox"/> I've used prescription drugs recreationally.                                                         |
| <input type="checkbox"/> I have never gone to bed hungry.                                           | <input type="checkbox"/> I have never had an addiction.                                                                       |
| <input type="checkbox"/> I have never been homeless.                                                | <input type="checkbox"/> I have never been shamed for my religious beliefs.                                                   |
| <input type="checkbox"/> My parents pay some of my bills.                                           | <input type="checkbox"/> I have never been threatened for my religious beliefs.                                               |
| <input type="checkbox"/> My parents pay all of my bills.                                            | <input type="checkbox"/> I have never been attacked for my religious beliefs.                                                 |
| <input type="checkbox"/> I don't rely on public transportation.                                     | <input type="checkbox"/> There is a place of worship for my religion in my town.                                              |
| <input type="checkbox"/> I buy new clothes at least once a month.                                   | <input type="checkbox"/> I have never lied about my ethnicity as self-defense.                                                |
| <input type="checkbox"/> I have never done my taxes myself.                                         | <input type="checkbox"/> I have never lied about my religion as self-defense.                                                 |
| <input type="checkbox"/> I have never felt poor.                                                    | <input type="checkbox"/> All my jobs have been accommodating of my religious practices.                                       |
| <input type="checkbox"/> I have never had to worry about making rent.                               | <input type="checkbox"/> I am not nervous in airport security lines.                                                          |
| <input type="checkbox"/> I have never worked as a waiter, barista, bartender, or salesperson.       | <input type="checkbox"/> I have never heard this statement: "You have been randomly selected for secondary passport control." |
| <input type="checkbox"/> I have had an unpaid internship.                                           | <input type="checkbox"/> I have never been called a terrorist.                                                                |
|                                                                                                     | <input type="checkbox"/> Nobody has ever tried to "save" me for my religious beliefs.                                         |
|                                                                                                     | <input type="checkbox"/> I have never been cyber-bullied for any of my identities.                                            |
|                                                                                                     | <input type="checkbox"/> I was not bullied as a child for any of my identities.                                               |
|                                                                                                     | <input type="checkbox"/> I have never tried to distance myself from any of my identities.                                     |
|                                                                                                     | <input type="checkbox"/> I have never been self-conscious about any of my identities.                                         |
|                                                                                                     | <input type="checkbox"/> I have never questioned any of my identities.                                                        |
|                                                                                                     | <input type="checkbox"/> I feel privileged because of the identities I was born with.                                         |